

Communications and Presence Training Program

Summary

This could be a half day or full day program. In this workshop participants in this fun and interactive course will be given an opportunity to learn the theoretical frameworks and practical, principles skills and strategies necessary for effective communication and projecting competent and effective personal presence. Throughout the workshop each principal skill and strategy will be demonstrated to the participants. Participants will then be asked to discuss the information provided to demonstrate they hold a strong understanding of communication and personal presence development. It is worth noting that participants will be encouraged to develop their own personal authoritative and authentic presence. Examples and case studies will be utilised to further strengthen each participant's understanding of communications and personal presence development. The facilitator will encourage discussion and require participants to demonstrate their understanding of communications and personal presence development in low through to medium and high pressure situations. Participants will be shown the science behind communication and presence development and communication effectively and influence and engender a clear confident and reassuring presence.

Science

All our programs are based on science and psychology drawn from research in human performance developments. In the case all communication and presence we draw on our understanding of neuroscience, relationship psychology and social psychology to formulate a program that will provide participants with a comprehensive understanding of communication and presence development.

Details

What participants will learn:

Participants will learn the most relevant practical frameworks, principles, skills and strategies of communications and presence development in the work place. They will be provided with an understanding of the science particularly the neuro and behavioural science behind communications and presence development. Participants will also be given an opportunity to improve their communications and presence development opportunities in real case examples. Participants will also learn key strategies for adapting their personal style to the audience to maximise impact and influence.

Frameworks

- The clear and accurate communication framework.
- The I-language framework.
- The understanding personal presence framework.
- The active advanced reflective listening framework.
- Understanding values in presence
- The confidence development framework
- The personal presence projection framework

WellBeing GROW

Principles

- The importance of clear accurate language.
- The importance of accurate expression and accurate understanding
- The importance of attention reciprocation and intentions in communication
- The keys to highly effective values in communication and presence
- The critical call importance of understanding in communication.
- The importance of humility, confidence, and inclusiveness in development all effective personal presence.

Skills

- Advanced accurate reflective listening
- Advanced accurate empathy in listening and communication
- Advanced summarising and problem formulation in communication
- Advanced accuracy checking in communication will stop
- Understanding self in projection and presence
- Formulation of highly effective, authentic values in presence
- The development of confidence and personal assurance through positive self-dialogue

Strategies

- How to navigate complex communication requirements.
- How to prepare effective language to support the projection of reassuring presence and confidence.

Practical examples

We work through cases and examples with participants to give them a strong understanding of communication and presence.

Demonstration of understanding and skills

All skills will be demonstrated by the facilitator in order to give participants an accurate and effective understanding all each principal skill and strategy.

Duration: 4 or 8 hours

Where: At the client's location

How:

Format

- Informal Lecture or round table open group discussion format.
- Use of Video, White Board, Question and Answer Quizzes
- Experiential Learning
- Examples and Case Studies

Exercises

All participants will be given the opportunity to observe each aspect of the subject matter demonstrated by the facilitator. Participants will be asked to explain their understanding of the subject. They will also be asked to demonstrate through role-play their newly acquired skills. Finally their learning experience will be supported by quizzes and question & answer worksheets.

Feel

- Fun informal and interactive
- Experiential Learning

Materials

- Work Sheets
- Work Books
- Questionnaires
- Quizzes
- Surveys